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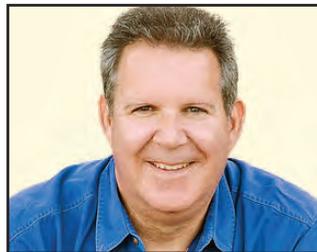
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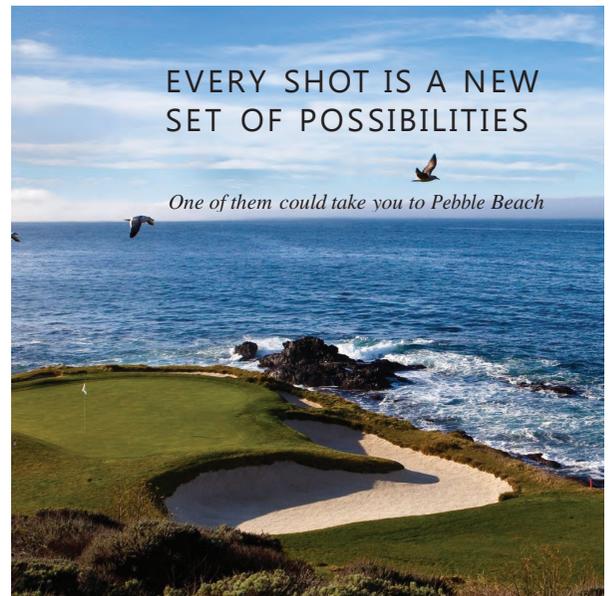
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Editor's NOTE

Each New Year I look forward to what will happen next. I get an overwhelming sense of joy and hope for the ProView business. I am thrilled at the number of clients that have been with the ProView family over many years. I am equally pleased with new clients such as the folks with the development Project at Iverson Mall and Warrior Centric.

We ask our readers to support your local community, especially those advertisers you see here in this issue of the magazine. Mike puts forth great efforts in looking for diverse businesses in categories for the readers and ProView advertisers to do business with. So, before you google some business to work with for your goods and services, take a look at the company's you already have something in common with, a ProView advertiser.

ProView clients, take advantage and utilize your time at Lunch with the Pro, the evening Business Networking events, the ProView magazine ads, and the TV and radio spots to help grow your business. Put your advertising dollars to work.

Much success this year and always!

– Annette Byrd

Editor – ProView: The Magazine



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Welcome to the 18th edition of ProView "The Magazine". ProView started as an interview show designed to bring the viewer or listener inside the day to day life of a professional, college or high school athlete, coach, administrator or broadcaster. Mike and I grew up with sports playing a major role in how we viewed the world, and we wanted to give the athletic community a larger voice in main stream society. We realized how many untold stories were being missed and how we could help bridge the gap between sports figures, fans and the business community.

I believe the best part of any business is the people that represent it. As we enter our 17th year of production we are blessed to be surrounded by true professionals! Editor *Annette Byrd* and Designer *George Holton* get another gold star for making Mike look and sound good in the "Byrd's Eye View". Events Coordinator *Tracye Snow* pulled off the same magic trick as Mike did a great job as MC of the ProView Business Networking Events. Sales professional *Fred Robinson* continues to expand ProView throughout the DMV. The ProView "look" is a result of the Director of print media *Alan Sciuilli*, Producer *Steve McMillan*, *Steve Solomon*, *Terry Cornwell* and Webmaster *Aldunate Enzo*, The ProView "Sound" is provided by Avanti Entertainment's *Erich Benton*.

We would like to give all of you a "Fun Bunch High Five" for supporting ProView by watching every Tuesday nights on **MASN** and listening to ProView Saturday mornings on **The Team 980** and 24/7 on **TuneIn Radio**. The "ProView Business Networking" Events provide the social environment as well as the chance for customers to see, feel, and touch their products.

ProView's "Lunch with a Pro" has climbed up the charts to #1. Former Redskins Super Bowl Champion *Gary Clark* was guest # 22. The colorful cover specialist Former Redskins CB *Fred Smoot* was guest # 23 and former NFL MVP *Mark Mosley* graced the lively crowd at **The Brass Tap in the National Harbor** as guest #24. The staff and management at the Brass Tap was fantastic! Great food and service topped off with a cigar friendly patio! Our partnerships with The Brass Tap, Chima Brazilian Steakhouse, Crystal City Sports Pub, Bentley/Rolls Royce Aston Martin of Tyson's, and DC Prime Steakhouse gives us a winning combination.

The very best part of ProView are the partnerships with the charities we support. We host the ProView Celebrity Golf Classic at Lansdowne Golf Resort in Leesburg Virginia to benefit the **National Kidney Foundation**. **Devotion to Children** Cards 4 Kids Texas Holdem Poker Tournament, **Easter Seals**, **Every Child Fed** and **The Diamond Dream Foundation** provides us the chance to make a difference in the lives of others and have a great time in the process! Let's make 2019 our best year ever! **PV**

All the Best,

"Doc"

Doc Walker



BE THERE

GET TO KNOW Doc

WE EXPECT YOUR COMMITMENT

TEAM

Time | Effort | Accountability | Marketing

TIME: Is never to be wasted.

EFFORT: Must be maximized

ACCOUNTABILITY: Is your reputation

MARKETING: Is expanding your brand.

Research conducted at Stanford University found that multitasking is less productive than doing a single thing at a time.

FINISH WHAT YOU START!

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due to your personality and ability to

Communicate, Negotiate, and Lead.

Shockingly, only 15% is due to technical knowledge.



BE LIKEABLE

Working hard for something we don't care about is called **STRESS.**

Working hard for something we love is called **PASSION.**

I'm convinced the key to long-term success is the ability of a company's leadership to set, share, and achieve team goals that inspire and engage everyone who participates in creating them.

This is the competitive reality of the work place; the competition is out to beat you and produce a better bottom line profit! This keeps successful companies on TOP and TOP producers employed.

Success is not the key to happiness; Happiness is the key to success. If you LOVE what you do for a living you will be successful.

It hurts to make it work.....No pain no gain.....The joy of winning is worth it!

"A man is great not because he hasn't failed; A man is great because failure hasn't stopped him"

– Confucius.

Walker Consulting Group LCC specializes in corporate teambuilding, sales training, marketing, and corporate video production. Email rick@docwalker.com **PV**



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David Davtian – Founder and Owner, started his cigar business in 2003 as a retailer and International Distributor. He spent 7 years in the Dominican Republic, Nicaragua, Cuba and Honduras to learn the art and science of tobacco and cigar production. Mr. Davtian is highly regarded in the cigar society and has been serving the Armenian Cigar Association as President since 2006.



After significant years of field experience, David Davtian established and launched the DAVTIAN brand in the Dominican Republic in 2011. Using premium and selected tobacco for their cigars, the DAVTIAN brand became very popular soon after in the European and Asian market. In 2018 the brand was introduced to the US and Canadian markets. DAVTIAN Brand is associated with exceptional quality control and meticulously hand crafted. And in keeping with this highest quality of production, DAVTIAN has become the most sought after boutique brands among cigar connoisseurs.

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Warrior Centric Healthcare Foundation Joins Forces with Healthcare Community Leaders to

Extend a “Healthcare Hand” to Veterans in District, Maryland and Virginia



Premier Health Express Urgent Care Patient Waiting area



Members of the Warrior Centric Healthcare Foundation, American Diversity Group, and Warrior Centric Health at the launch of Premier Health Express Urgent Care Clinic

The Warrior Centric Healthcare Foundation (WCHF) proudly “joined forces” with Drs. Samuel and Ofundem Nokuri, the American Diversity Group (ADG) and Warrior Centric Health (WCH), to launch the nation’s first Authorized Warrior Centric Health Center™, Premier Health Express Urgent Care Clinic. The clinic achieved this distinction by meeting the Warrior Centric Health Education and Training Solution requirements which includes rigorous education and training. The results of adapting the WCH Solution’s education and training principals are quite noticeable to all who enter the clinic but particularly to Veterans and their families.

“...the empathy, compassion, and perseverance in achieving the optimal results in health care were obvious at the clinic. They know their veteran market place. It was reassuring ... to come to a clinic where in the first few minutes I was made comfortable and most of all appreciated for my service and respect for my heritage! I was pleased to also learn that the non-veteran staff are trained to understand and be sensitive to the needs of veterans and how our service can affect our health...”

Although located in Columbia Maryland, Premier Health Express Urgent Care provides Veterans, their families and the underserved in the District/Maryland/Virginia area with access to quality and affordable care for acute illnesses and injury as well as chronic disease management. Patients have access to telemedicine services, x-ray, EKG, dental care, mental and behavioral health screening and counseling, and laboratory testing and screening. Several of the more common generic pharmaceuticals are also available on site furthering the convenience and in many cases cost containment for patients.”



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WarriorCentric
HealthcareFoundation®

Warrior Centric Healthcare Foundation is a non-profit 501c3 charitable entity established in 2013 by military veterans with expertise in healthcare, for the express purpose of addressing systemic inequities regarding access to and quality of care for veterans and their families.

Contact Dr. Evelyn Lewis
240-793-4252

...I know so many people, veterans and their families who can benefit from this one stop medical services concept. As I looked around and spoke to the staff I was impressed how well they greeted me and shared what they were trying to accomplish on behalf of not only veterans but the under-served in the community..."

When patients enter the clinic, they are immediately put at ease by the warm welcome from the front desk. Veterans and their family members in particular immediately notice a culturally sensitive and Veteran centric environment.

"... When I first arrived at the facility I was overwhelmed! The flags of each of the armed services (Army, Navy, Marines, Air Force, Coast Guard, and the American) were present. Just seeing the flags as I entered was a reminder of lives lost for freedoms gained!!! I'm proud to be one of our nation's guardians. As a Puerto Rican American who grew up in the Bronx the focus on veterans and community diversity was very noticeable... I felt that I was home, where the people who work here get me..."

EMERALD FIVE STAR VETERAN SERVICE PLAN

To specifically honor Veterans, Premier created the Emerald Five Star Veteran Service Plan. It offers Veterans a 50% discount on services provided by the clinic including telehealth, a service particularly important to those facing transportation, physical or other challenges when in need of healthcare.

With its distinguished designation, commitment to providing quality and timely healthcare, and collaboration with the Foundation, the Premier Health Express Urgent Care Clinic serves as the anchor for the Howard County Veteran Medical Neighborhood Consortium™. Quite simply, the Warrior Centric Healthcare Foundation's "Veteran Medical Neighborhood Consortium™" cultivates bidirectional and cross functional relationships and partnerships. The model serves as a platform where clinical and non-clinical businesses and organizations create an efficient, effective and caring environment that operationalizes, "thank you for your service".

Most of the barriers preventing veterans and their families with complex needs from achieving better health engagement and health outcomes encompass social, mental/behavioral health, and economic factors. While providers can assess and identify these needs, the link between the veteran and the necessary resources often falls short underscoring the critical need for resource networks that include communication and direct connections between the veteran (and their family), the clinic/provider, and community organizations and businesses.

The Warrior Centric Healthcare Foundation (WCHF) provides the blueprint (awareness, training, education, and tools) for those communities across our nation ready to establish a Veteran Medical Neighborhood Consortium™ to facilitate delivering on our nation's promise...to care for those who have borne the battle...



*Samuel Nokuri, MD, MBA, FACP
Director of Adult Medicine*

During his undergraduate program at Virginia Commonwealth University, Dr. Nokuri studied chemistry. After earning his bachelor's degree, Dr. Nokuri completed his medical degree from Ross University School of Medicine in the Caribbean island of Dominica. He then went through his residency training in internal medicine at St. Agnes Hospital in Baltimore.

To ensure he keeps offering the latest treatments and solutions for his patients, Dr. Nokuri takes continuing education courses. He went on to earn a master of business administration degree (MBA) from Johns Hopkins University Carey Business School in Baltimore.

Dr. Nokuri is currently board-certified through the American Board of Internal Medicine. He also serves as a flight surgeon for the United States Air Force and Air National Guard out of Andrews Air Force Base in Maryland.



*Ofundem Akoh-Arrey Nokuri, MD, FAAP
Director of Pediatrics*

Dr. Nokuri finished her undergraduate degree at Bowie State University in Maryland. She went on to earn her medical degree from the Pennsylvania State University College of Medicine in Hershey, Pennsylvania. After completing her pediatric residency at Georgetown University Hospital in Washington, DC, Dr. Nokuri went through additional training to become board certified through the American Board of Pediatrics. Since Dr. Nokuri previously served as an emergency room pediatrician at Sinai Hospital in Baltimore, she has an extensive background in urgent care diagnoses and treatments. Patients of Dr. Nokuri commend her caring and compassionate bedside manner, especially when caring for infants and young children. Dr. Nokuri strives to build lasting, lifelong relationships with each of her patients. **PV**



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Introducing The Shops at Iverson

Iverson Mall opened its doors 50 years ago, in April 1967, when Maryland Governor J. Millard Tawes cut the ceremonial ribbon to the first of its two anchor tenants, Montgomery Ward. Woodward and Lothrop, as well as 60+ other stores opened shortly thereafter, with the official grand opening celebration taking place on September 21st that same year. Iverson was built in the well-to-do DC suburb of Temple Hills as a regional shopping center and was the first shopping mall in the Washington DC metro area to be built fully enclosed and climate controlled. By all accounts, and evidenced by the volume of nostalgic stories told by those from the surrounding areas, Iverson was the place to be. The cool interior corridors, enhanced by indoor fountains on the lower level, were full of bright stores and enthusiastic chatter.

This sanguine start lasted for the better part of Iverson's 50-year history, but at some point, things began to change, both at Iverson and within the Branch Avenue corridor as a whole. Into the 1980's and 1990's, Southeastern Washington DC (whose border is just one mile north of Iverson) experienced a damaged reputation linked to an increase in drugs and crime. The downturn eventually spilled over into both the residential and retail communities of Temple Hills. Few people and private businesses ventured into large swaths of these areas. Iverson struggled along with the rest of the local economy, and by mid-1990, the two prestigious anchors closed their doors and were replaced by discount department stores. The in-line stores followed suit, and when a passive ownership group wasn't able to adapt, the physical appearance, foot traffic, vibrant atmosphere, and reputation of the shopping center suffered.

In early 2013, while Iverson was continuing its steady decline, two Washington DC natives decided to partner and form a real estate investment company, called West End Capital Group ("West End"). West End's business plan is to invest in poorly managed commercial real estate assets, on behalf of individual investors, and reposition the properties to be more successful. The West End partners saw the potential in Iverson Mall. They shared a vision of revitalizing the historic landmark into a dynamic community gathering place with healthy, family-friendly options for shopping, dining, and entertainment. After acquiring four other projects (all in the DC metropolitan area), West End acquired Iverson Mall in 2014 and set to work planning how to turn Iverson around.

It would not be an easy lift. Not only do leasing efforts and construction projects take time to execute - changing the public's perception takes even longer. West End's purchase in 2014 marked the beginning of the massive renovation and rebranding endeavor to transform Iverson Mall into **The Shops at Iverson**.

The first step was tackling years of deferred maintenance. From 2015-2017, a heavy emphasis was placed on projects that would improve the physical structure, including HVAC upgrades, improvements in energy efficiency, and a lighting retrofit throughout the building and parking lots. A \$100K security camera system was installed, complete with fifty high definition cameras,



featuring 360-degree rotation capabilities and a direct feed into management's security office. The parking garage and surface lots were resurfaced/repaved. The management office and common area restrooms were renovated. The results of this work, though not visible upon first glance, were a crucial component of overhauling the previously neglected property.

Some of the more visible (and fun) changes have taken place over the past 18 months. The new food court is almost complete. Fresh and exciting dining options, including Chipotle, WingStop, Tropical Smoothie Café, and Quickway Hibachi have resulted in an uptick in foot traffic and a revived enthusiasm from both the current tenants as well as the public. Charley's Philly Steaks will be occupying the final remaining vacancy and should be open within a matter of months. The food court also set in motion the beginning of the exterior facade renovation, giving The Shops at Iverson a more modern appearance from Branch Avenue and further reinforcing that big things are happening at the property. [see insert for renderings]. Look for changes in the tower lights based on holidays, observances, and special events!

The next major project will be the renovation of the 50,000 square foot office tower, located on the third and fourth floors, above Kids for Less. Through a combination of leasing and capital improvements, the space will be transformed into The Prince George's County Workforce Development Hub. Employ Prince George's, Prince George's Community College, Goodwill of the Greater Washington Area, and a number of complimentary organizations and agencies have committed to lease space in 2019. This will not only bring even more daily traffic to the center but the service-oriented headquarters will also help boost the economic activity of the entire corridor by connecting its residents with attractive jobs.

Arguably the most important work has been the efforts to bring the community back to The Shops at Iverson. Wifi is available throughout the shopping center and additional food court seating is available on the lower level. This summer, a lounge area with cell phone charging stations will be added. The Shops at Iverson hosts several recurring, family-friendly and health-oriented events. Twice per month, the Capital Area Food Bank's Mobile Market gives away thousands of pounds of free produce on site and The Doctors Community Hospital offers free health screenings via their Wellness on Wheels Mobile Health Clinic. Giving was on the agenda this holiday season with the WHUR Toy Drive, and the tenant-sponsored Coat Drive and Book Bazaar. Other special events include plays, fashion shows, art shows, free concerts and more! The latest photos and videos can be seen on Iverson social media – @shopsativerson on twitter and Instagram and The Shops at Iverson on Facebook. Check out the new Shops at Iverson website for a complete event listing – www.ShopIverson.com. **PV**

The Shops at Iverson's mission is to reestablish this iconic landmark as the focal point of the community, where local residents can come to dine, shop, relax and have fun in a family friendly environment. From the sounds of it, The Shops at Iverson are well on their way to achieving this goal.





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After 15 years in the Security industry, I founded LGC SECURITY LLC in 2006 to focus on what I felt was missing from the security field and that is customer service. After nine short years, LGC SECURITY has grown to proudly assist multiple organizations with their security and event staff needs. None of this would have happened if it were not for our commitment to delivering the best quality of service to every client – every day. LGC SECURITY is also a **C.B.E.** (Certified Business Enterprise) and **Section 3** certified through the District of Columbia Government.

To this day, LGC SECURITY is still committed to the same standard of excellence in everything we do; from offering the best security / event staff on the market, to the everyday personalized service and support that, our customers have come to expect from our dedicated team. We strive to stay ahead of changes in our market to ensure that our clients have what they need to stay safe.

If for any reason, you do not feel like you are getting the best – call me or email directly. I will personally ensure your needs are met with haste.

Traveon Smith

Owner & CEO
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Here, I protect you and society.

As a Plaintiff's Attorney, what would I look at if I were taking a case for a family whose loved one was killed or permanently maimed by a distracted driver, who was driving for your company?

As a Plaintiff's trial attorney, I am addressing you as to why it is imperative that you have a practice and a culture in place, along with a company policy, that BANS cell phone and smart phone use while driving.

It is a well established law that every employer can be responsible for the negligent acts of its employees who are operating within the course and scope of their employment at the time of the incident.

Your company, regardless of policies and training, will likely be liable if an employee is negligent while on company time.

Even if you are not liable, your company will be named as a defendant in the lawsuit and thus required to spend money to defend.

Your GOALS should be to:

A. Educate, train and prevent employees from causing injury

or death from Distracted Driving (CULTURE & PRACTICE)

It is GOOD BUSINESS

B. Promote safety for public relations purposes

It is GOOD BUSINESS

Questions to Consider:

1. Would you send your employee out on a work-related mission if he or she had been drinking? Or using drugs? Or was doing either of those while driving? **NO.** Driving While Distracted is no different than DUI, and in fact, it is worse. - 6x worse!
2. Would you allow the use of drugs or alcohol to be discretionary during work? **NO.**
3. Why then would you not have the same ZERO TOLERANCE for cell phone or hand-held device use while operating a vehicle?
4. Why would you allow, or even direct, the use of cell phones or hand-held devices while operating a vehicle?
5. Why would you not have ZERO TOLERANCE?

This could lead to direct employer liability.

Not having a policy MAKES FOR VERY DAMAGING EVIDENCE AGAINST YOUR COMPANY.

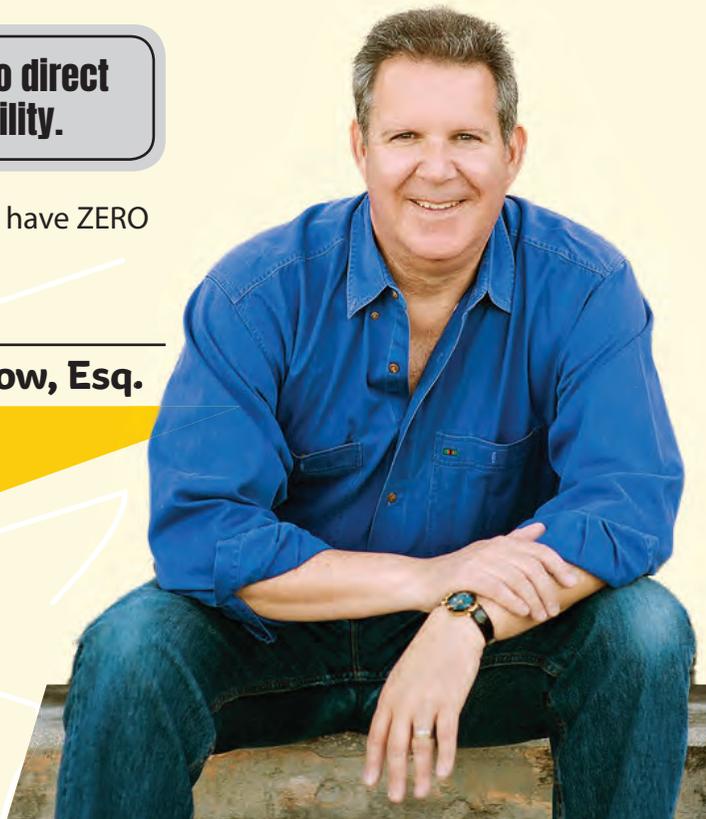
Not having a policy could increase a verdict's amount because of your egregious conduct and your willful disregard of a known hazard!

Not having a policy could mean punitive damages -- willful and wanton conduct -- could be awarded against you. Willful and wanton conduct = conscious disregard of another's rights, or reckless indifference to consequences with the defendant aware that his conduct would probably cause injury.

How will I (when suing you) find out if there was usage of a hand-held device such as a smart phone, cell phone, and whether your company had a policy in force?

1. Litigation
2. Discovery – subpoena cell phone records (texting shows up on some), cell phone towers, internet service provider documents.

Paul A. Samakow, Esq.





3. Depositions – of the driver, occupants, and corporate managers, supervisors and even corporate officers and owners.

Why is all of this important to you, as a business (notwithstanding the danger to citizens)?

1. Do you have enough insurance?
2. Does it cover punitive damages?
3. Will your insurance cover you or your company if you were required to have a Distracted Driving policy, and training, and did not?
4. If you do not have enough insurance, can your company withstand a multi-million dollar hit?

What makes business sense?

Have **ZERO TOLERANCE** for Distracted Driving.

If not, I have you and your business painted into a corner, when I ask you this question: “Why did you not have a **ZERO TOLERANCE** practice banning cell phone usage while operating your company trucks?”

I don’t care what your answer is, because I have you either way (the best kinds of questions).

Because you are admitting one of the following:

- A. You knew better, but didn’t care enough to change.
- B. You admit you did not recognize the risk and hazard, which flies in the face of all of the publicity and knowledge out there in the world now (and you look uninformed and negligent). So I ask the jury to educate you.

Do you have a contrary policy?

I hope not...

Example:

If a supervisor requires the employee to follow text or email updates while driving and/or to respond to them while driving, knowing the employee is behind the wheel.

Paul A. Samakow, Esq.

I am available to assist you with the formation of your company policy.

Contact me at: paul@samakowlaw.com



OUR PHILOSOPHY

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ABOUT DR. ARNDT

Dr. Arndt grew up in New Jersey and went to college for two years in Ithaca, N.Y. before tiring of harsh winters, transferring to UCLA, and majoring in Kinesiology and Exercise Physiology.

He embraced chiropractic after he received a serious, life altering sports injury in college—an injury that medical treatment had failed to help. After graduating from UCLA with a Bachelor of Science in Kinesiology, he attended Los Angeles College of Chiropractic, where he finished his 5 year Doctorate Degree program in 3 1/2 years. He graduated Summa Cum Laude, in the top 3% of his class.

Dr. Arndt practiced for a year in California, and then moved to Virginia to start his practice in 1987. Since that time, he has evaluated and successfully treated thousands of people. He focuses on correcting spinal and body problems instead of merely relieving symptoms.

Dr. Arndt routinely takes postgraduate courses to enhance his ability to treat even the most difficult cases. His ability to incorporate new yet trusted techniques is why Dr. Arndt stands apart from other chiropractors.

Dr. Arndt has been married for over twenty years and has three daughters. Family and community are very important to him. He loves spending time with his family. He also sponsors and is involved in many special charitable events within the community.

Dr. Arndt belongs to the American Chiropractic Association and the Virginia Chiropractic Association.



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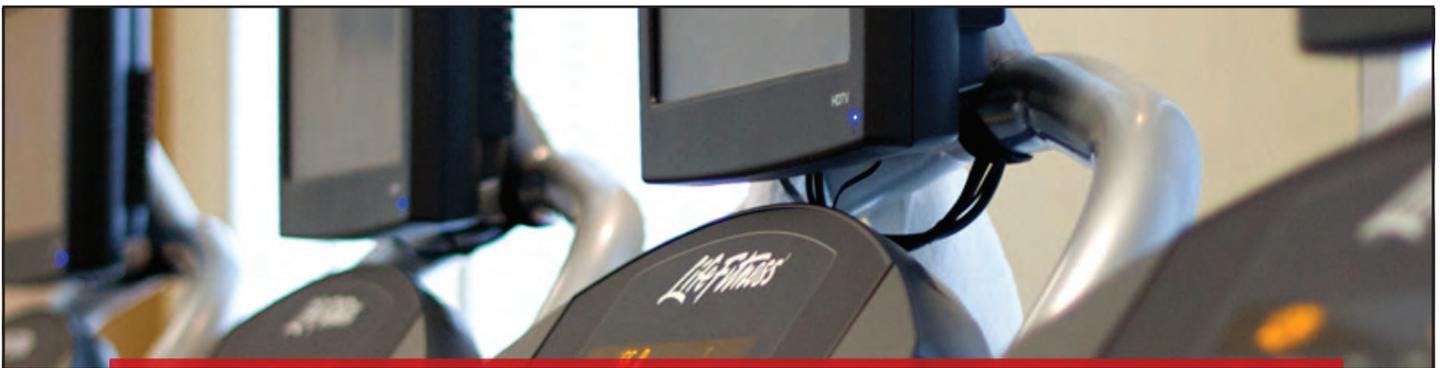
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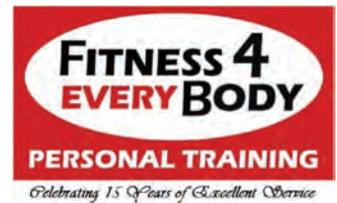
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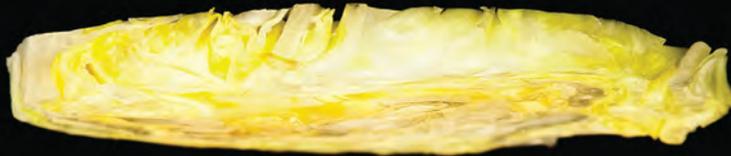
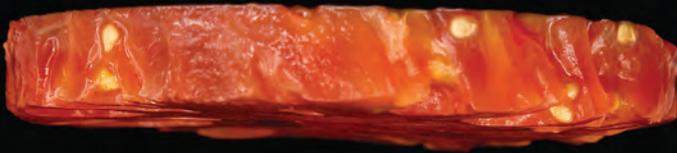
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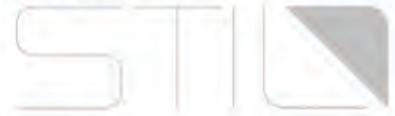


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I have been in the real estate business for 16 years and received my real estate license in October 2013. Since then, I have sold numerous homes, which were mostly REO (real estate/ bank owned) properties. I have helped several investors purchase properties to flip, I have helped first time homes buyers buy their dream homes, I have helped Veterans that have served our beautiful country and I have also assisted renters find rental homes.

I specialize in Foreclosed Homes Sales, Distressed Home Sales, Standard Home Sales and my team also has experience in Short Sales. I am an active member with The National Association of Realtors (NAR) and the Maryland Association of Realtors (MAR).





Washington Redskins Charitable Foundation Helps DMV Children Year-Round **Opportunities to Support Regional Youth-Focused Programs**

BY SHARON REED

*Sharon Reed is a freelance photojournalist
based in Northern Virginia.*

NFL football season doesn't kick off again until the Fall but the Washington Redskins Charitable Foundation works year-round to make the DMV community a better place. Established in 2000 by Redskins owners Daniel and Tanya Snyder, the Washington Redskins Charitable Foundation has given back more than \$23 Million to the community and provided support for more than 190,000 individuals, mostly children, annually.

Want to get involved? Individuals and companies can make a difference in the lives of children in the region by providing financial support through donations and/or establishing business partnerships with the Foundation. Opportunities are also available to help support the Foundation's programs by attending and/or sponsoring its fundraising events.

Jane Rodgers, Executive Director of the Washington Redskins Charitable Foundation, talked to ProView Magazine about the Foundation's programs and potential opportunities for individuals and businesses to provide support for their initiatives.

"Doc Walker has always been a great supporter of the Redskins Charitable Foundation," Rodgers said. "He has come out to many events and been instrumental in our 4th & Life Program which focuses on making sure high school football players understand the importance of education."

***"Doc Walker has always
been a great supporter of
the Redskins Charitable
Foundation," Rodgers said.***

KEY ANNUAL FUNDRAISING EVENTS

Annual fundraising events for the Foundation's youth-focused initiatives include the Redskins Charity Golf Classic, the Redskins Runway Fashion Show and the Redskins Welcome Home Luncheon. At the events guests have opportunities to mingle with Redskins players and alumni while at the same time supporting the Foundation's programs.



This year's Redskins Charity Golf Classic will be held on Monday, May 6, 2019 at the Army Navy Club in Arlington, Va. Participants in the tournament play golf with a current or former player in each foursome.

Fashion-minded Redskins fans may want to attend the Redskins Runway Fashion Show, held each Fall. Guests at the event will have the opportunity to see players and their spouses, alumni, coaches and cheerleaders model the latest fashions on a catwalk.

Annually, the Foundation's largest fundraiser--the Redskins Welcome Home Luncheon—is held immediately prior to the start of the Fall football season to welcome the players back from training camp in Richmond, Va. Redskins fans and corporate partners in attendance have lunch with the entire Redskins organization, including players, alumni, coaching staff and cheerleaders. At the event players are recognized for their achievements both on the football field and in the community. Presentations are given at the luncheon that illustrate the Foundation's youth focused-programs.

MAJOR YOUTH-FOCUSED EVENTS

Annual Foundation events include the Share the Warmth Coat Give Away and the Back to School Fair; a program that provides more than 500 elementary students with haircuts, dental services, school supplies--and much more.

During the holiday season the Foundation hosts a variety of events, including the Harvest Feast food distribution event prior to Thanksgiving, and Skins Santa Shoppe, to give out holiday presents for children in need.



Children who participate in the Foundation's programs are invited to events year-round, including football games, mini training camp, and tours of the Redskins Park in Ashburn, Va. Redskins players and alumni make countless visits to schools, hospitals and appearances at events.

"Most people assume that we are only focused on big events, such as Share the Warmth, where children receive coats, or Skins Santa Shoppe, where children receive Christmas presents," said Rodgers. "Those are all great events, but it is such a small percentage of what we do."

"The real story is what we are doing year-round, which is supporting student achievement through our Redskins Read and Redskins FITT programs," Rodgers emphasized. "These year-round programs are being used in over 200 schools throughout the school year and provide teachers and students with additional tools and incentives to make reading fun and exciting and to bring fitness planning to life."

"Our programs and events during football season are highly visible, but we are here year-round doing what any other nonprofit would do," she added.

REDSKINS READ

Redskins Read, the reading incentive program established by the Foundation, is a supplemental school literacy program. Launched in 2013, the program was the result of consultations that the Foundation initiated with superintendents, principals and teachers in area school systems to find out how the

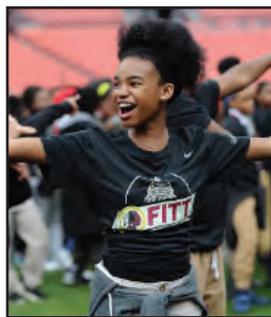


Foundation could best help children, according to Rodgers. As a result, the Foundation set up a game plan of child-focused initiatives to make a difference in regional schools.

More than 34,000 children are currently participating in the program that provides a reading playbook to area students in 4th and 5th grade. Redskins Read is currently utilized in 180 schools and in 40 counties throughout Virginia, in D.C., and Prince George's and Montgomery County, Md.

REDSKINS FITT

Created in partnership with DC Public Schools, Redskins FITT (Frequency, Intensity, Time & Type), a health and wellness initiative, helps middle school students develop and improve their fitness goals and develop a personalized fitness program. The program consists of a Redskins FITTbook, workshops and instructional online videos.



Additional youth-focused programs include ASPIRE, a program for young women, and Loads of Love, an initiative for installing laundry facilities for children in need.

ASPIRE

Created for the 7th grade girls, the Foundation's ASPIRE focuses on inspiring, educating and building confidence in young women from schools in Loudoun and Fairfax County Public Schools. During the program influential women from a variety of career paths and backgrounds give inspiring talks to the young women. Opportunities are available for companies to sponsor the program financially, according to Rodgers.



LOADS OF LOVE

Loads of Love, the Foundation's newest program, is focused on setting up laundry facilities in Title I schools and non-profit organizations to serve children who lack access to clean clothing throughout the DMV region.



Redskins player Nick Sundberg, along with his wife Flor, approached the Foundation with the idea for the Loads of Love program about 18 months ago and provided the initial \$25K donation to launch the program.

Research has shown that lack of access to facilities to wash clothing leads to school absenteeism, lack of participation in sports and after school activities, lower levels of self-confidence and potential ridicule by peers, according to Rodgers.

"This program makes us all very proud because it is something no one else is doing and it's an investment we can make to help to make teacher's lives easier and ultimately help a child feel confident coming to school every day because they can have clean clothes," Rodgers said.

"The reason we chose to bring this idea to the Foundation is because we admire the work that Jane and her team do. They are so well organized and have so many connections that we knew they would be amazing to work with and would accomplish so much more than we ever could on our own," said Nick Sundberg. "We knew Loads of Love would be in good hands and we are honored Jane's team has invested their whole heart in this project."

"We think education is the ladder to help at risk kids escape poverty and unstable situations. We love that Loads of Love provides an out of the box solution to national problems of low attendance and low graduation rates. Raising kid's self-esteem, classroom time, and providing them a sense of community is the most important goal," Flor Sundberg added.

Loads of Love is an initiative that area companies may want to get involved in as a donor.

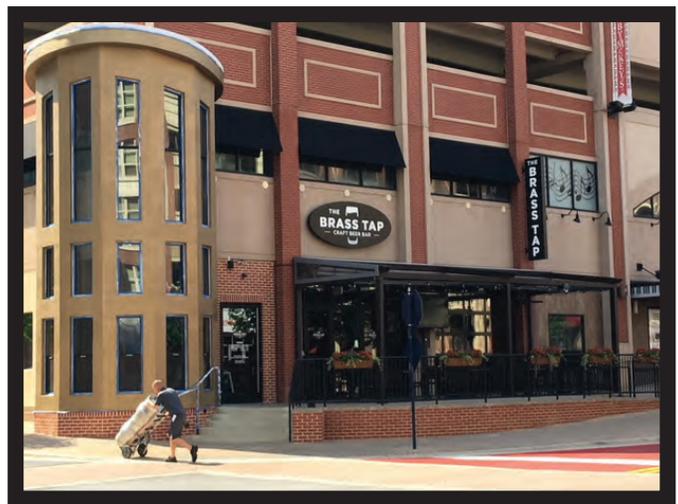
"Each one of the centers costs between \$5K-\$10K so they are somewhat achievable for a small business or medium sized business to invest in," said Rodgers. "What we do when there is a company that wants to make a financial investment is try to identify a laundry center that would be somewhat geographically located near them and create a connection between the company and the school."

"It's kind of a cool way for a company, small or medium sized, to be able to give back," Rodgers added.

Currently there are 47 Loads of Love laundry centers across the region that will be operational in the next couple of months, according to Rodgers.

"Our goal is to be able to fund 100 new laundry centers a year until we've gotten rid of the need," Rodgers said.

Interested in finding out more? Learn more about the Washington Redskins Charitable Foundation by visiting: Redskins.com/Community. **PV**



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Many organizations have the expectation that managers and SMEs should be responsible for creating and updating internal policies, but the reality is their daily responsibilities seldom leave much time for the focus necessary to keep documentation current. As a result, this important task gets pushed to the bottom of the list until....The AUDITORS COME!!! **PV**



Judith Ross, CEO, a 4th generation Washingtonian, founded Technical Writer Consulting Services (TWCS) with 20+ years of previous federal government contracting experience. TWCS' mission is to help build the Foundation for a Thriving Business by creating sound policies and processes, and building EXCEPTIONAL teams! Our end goals are consistent and efficient business and systems operations through analysis, policy development, documented processes and procedures, and cybersecurity awareness and training.

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Physical Therapy



MISSION:

Ergo OccMed Physical Therapy is devoted to improving the well-being of every single client. Our motto is "Keep It Moving!" We strive to help you live your best life. We educate and provide individualized treatments using the best evidenced-based practices in the musculoskeletal and speech rehabilitation fields. Our highly-skilled professionals excel in improving the lives of every client that walks through our doors in order to achieve personal and professional success.



Dr. Courtland Wyatt, DPT, CEAS
Physical Therapy



Dr. Olu Ezeani, DPT, CEAS
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Ergo Occmed was Established in 2009 as an outpatient physical therapy clinic to address the needs of DC and Maryland residents in underserved communities. The Owners of the clinic are Dr. Olu Ezeani, DPT, Dr. Jason Henderson, DPT and Dr. Courtland Wyatt. The owners of the clinic have over 50 years of combined clinical experience.

At Ergo OccMed Physical Therapy, we offer rehab services where our primary focus is to safely and quickly return you to your normal activities.

Our skilled therapists utilize manual therapies along with the newest of treatments and techniques. Our hands-on approach is designed to treat the specific injury and related dysfunction, rather than just the symptom. This ultimately provides a full recovery, while minimizing the likelihood of re-injury.

Our program emphasizes patient education and independence. We promote home stretching and strengthening in addition to providing optimal training on appropriate posture and body mechanics

Ergo OccMed's Work Hardening Program is a specialized program designed to help an employee return to an active and productive work, lifestyle environment. To qualify for Work Hardening the employee has been out of the work pool for a period of time and has no job to return to. It uses real or simulated work activities designed to restore physical, behavioral and vocational functions. Work hardening addresses issues of productivity, safety, physical tolerance and worker behaviors. Ideally, a work hardening patient possesses a targeted job to return to upon discharge. Participation time is in multi-hour sessions up to 8 hours/day with a frequency of up to 5 days/week. Workers' Compensation.

As a provider of work injury treatment, Ergo OccMed understands the need for employers to keep employees safe and productive. When physical or occupational therapy is indicated to help get your employee back to full working capacity, we work closely with physicians for best treatment outcome. Ergo OccMed has an excellent track record of quickly returning patients to full duty. **PV**

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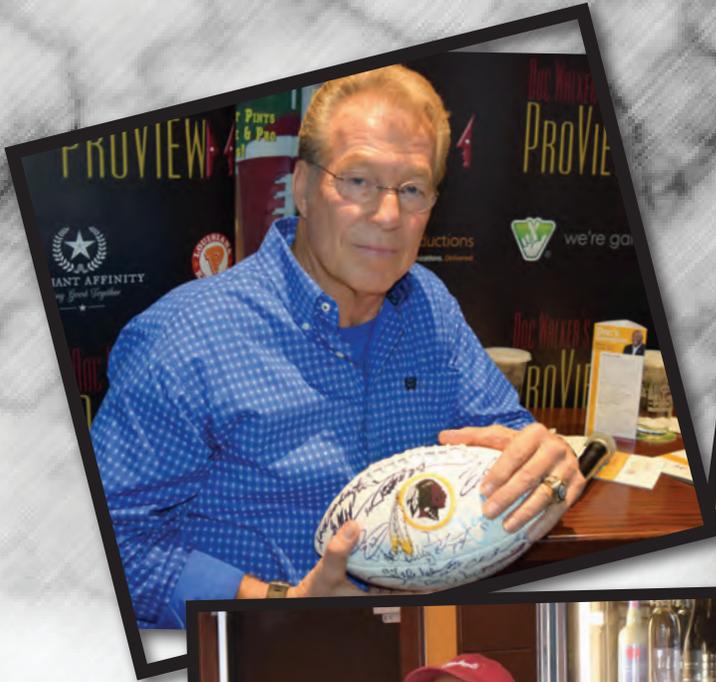
At Ergo OccMed we offer physical therapy and Occupational therapy services were our primary focus is to safely and quickly return your employees to the workforce. Our therapy programs are carefully tailored to meet the needs of the individual. We utilize a unique manual therapy approach towards patient care. We've designed a hands-on program to treat the specific injury and related dysfunction, rather than just treating the symptom.

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LUNCH WITH THE PRO: Mark Mosley



LUNCH WITH THE PRO: Mark Mosley



LUNCH WITH THE PRO: Gary Clark



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Doc wants to extend his humble gratitude to this season's following guests who helped the continued success of this series:

- **Gary Clark** — September 25, 2018
- **Fred Smoot** — October 30, 2018
- **Mark Moseley** — November 20, 2018

Upcoming guests will be announced and details will be made available on the website. Visit www.docwalker.com to learn more.

Championing Guaranteed Lifetime Income, Financial Literacy and Smart Retirement

By Enzo Giovanni

Shirley Luu & Her Team of Associates | Shirley Luu Finance

Does your current retirement plan include products capable of providing guaranteed income for life until the day you die?

“That’s a critical question one needs to ask,” warns Shirley Luu, gesturing toward the window from her Tysons Corner office in Northern Virginia. “The issue is longevity. Americans are living longer and longer these days, which is great on one hand, but clearly extends the financial burdens on the other. That’s why having a savings plan which matures into a lifetime income benefit is so crucial in today’s society.”

But lifetime income isn’t the only reason Shirley Luu travels the country meeting clients and educating people at various live events and private seminars. “Tax-free retirement, protection from market losses while participating in the upside gains, and living benefits you can tap into today if a crisis occurs, are some of the key features of a smart retirement plan,” Luu says passionately.

Financial Literacy for Women and Wealth Empowerment

Rooted in empathy, Luu also champions the call for various financial literacy outreach programs and platforms, especially for women.

“Years ago my husband died, leaving me with three children to take care of including a 1-year-old, and I did not receive the financial support I should have, making the experience that much more traumatic,” Luu recalls. “Women need to be more proactively aware when it comes to their family money affairs, especially regarding their retirement benefits and life insurance.”

Shirley Luu is proud to be a part of LiSA Initiative, founded and chaired by Debbie Gerlicher, who is also



Shirley Luu

Co-CEO of First Financial Security Inc. LiSA Initiative focuses on the financial concerns that women and their families experience every day in America.

Shirley is a Certified Financial Education Instructor with the NFEC, a provider of nationally recognized curriculums for teaching schools, churches and other organizations about finance.

She is also a syndicated columnist, a.k.a. “the wealth guru,” for the online magazine iKnowMyMoney, a platform that promotes expert opinions on money, wealth and financial literacy.

Shirley Luu was recently the winner of the prestigious Executive Brava Award from SmartCEO Magazine, honoring the top female CEOs in the Washington, D.C., area.



An Opportunity and Career in Financial Services

Ms. Luu is not just an educator and evangelist for smart retirement and financial literacy. She’s also a businesswoman and leader of a growing team of associates who not only share a vision for wealth empowerment, but also see the business opportunity that exists in the financial services industry.

“Most people are simply unaware of the powerful financial products that exist today and which we offer that will secure your wealth for tomorrow and beyond,” Luu explains. “This gap in awareness leaves an ocean of opportunity available for those who want to learn the business and champion the cause.”

“That’s why having a savings plan which matures into a lifetime income benefit is so crucial in today’s society.”
– Shirley Luu

Different from the Rest

Why would you come to Shirley Luu & Associates to review or start a retirement plan? “We have partnered with some great, highly reputable companies, Barron’s top-listed carriers,” she notes, “and as a valued broker, we are able to provide proprietary products truly unique to the industry.”

But perhaps the best reason to consult with Shirley Luu was conveyed during a recent phone call from one of her clients, one of about two dozen she’s taken that day. “Shirley Luu, I have not known you very long, but I love you,” said an elderly man as he said goodbye. “You really have a special heart.”

“That’s why I do this,” Luu says with a giddy smile. “That feels good.”

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Shirley Luu Accolades & Notes: Executive Brava Award Winner 2016 from SmartCEO Magazine. Recipient of 2016 John C. Maxwell Leadership Awards Top 100. Columnist at iKnowMyMoney.com. Winner of First Financial Security Inc.’s 2015 MVP Award. For more information on LiSA Initiative, go to: lisainitiative.com. For more information on our financial services, go to ShirleyLuuFinance.com

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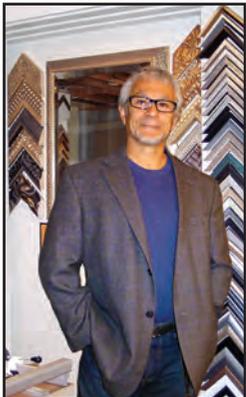
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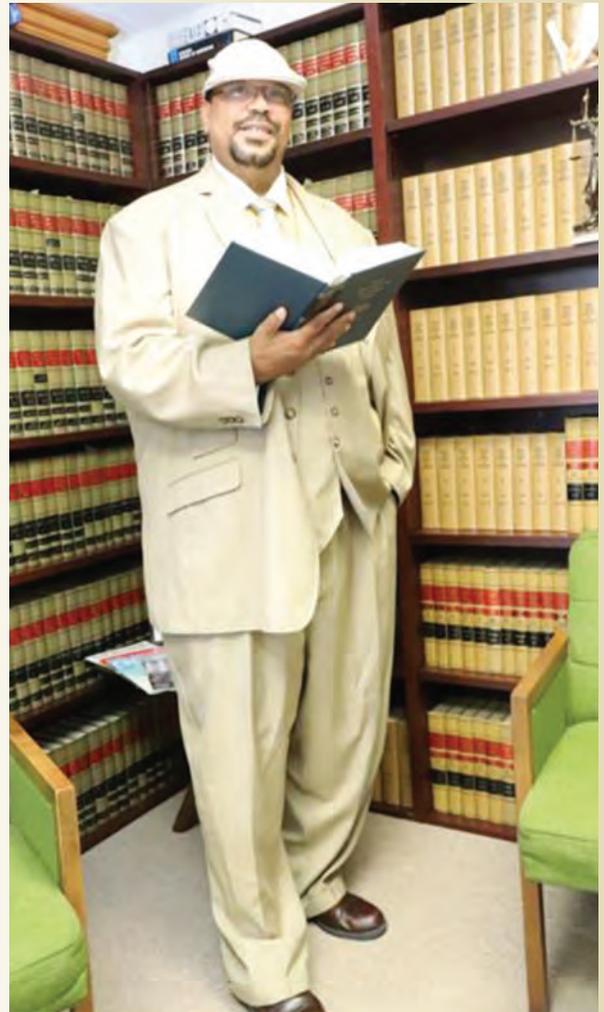
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Auto accidents are an unfortunate part of our lives here in the DC Metro Area; however, knowing what to do when one happens is the best way to protect yourself and care for your family. There are a few steps that you can take when an accident occurs that will provide some peace of mind for you, and be of great help for an attorney should you need one.





The Haley Firm, PC is dedicated to the service of our clients in the DC area. We have years of experience serving clients in the Washington, DC area. We have served clients in Personal Injury cases, Probate Matters (Wills and Administration of Estates), Simple Immigration Matters, and a variety of Civil Litigation Matters in the Federal Courts in Maryland and DC, DC Superior Court, and Appellate Matters in the DC Court of Appeals

STEPS TO TAKE IF SAFE TO DO SO:

1. Take scene photos (vehicles, signs, lights, people).
2. Try to identify witnesses (bystanders, drivers).
3. See if there are traffic cameras (poles, businesses, etc.).
4. Report to police and insurance (report, claim numbers).
5. Seek medical evaluation (hospital or primary doctor).
6. Follow all doctor instructions.
7. Keep a journal of your recollections (events, injuries).
8. Focus on getting well (physically and mentally).
9. Contact an attorney to ensure you have taken appropriate steps to protect yourself and your family.
10. Keep your attorney informed of your treatment progress. Ensure you relay any concerns or beliefs.
11. **Most importantly: Trust your instincts – if you do not like the attorney – find another that you do like. Never accept an attorney you do not like or want to work for you.**
12. Remember, patience is the key to happiness, the process takes time.

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Help Me UNDERSTAND

INTRODUCTION

Hineni.

This is Hebrew for “here I am,” and is the response Abraham gives when God calls on him to sacrifice his son Isaac. Hineni here is a powerful word in Hebrew that sums up three words in English. But you’ve got to watch out how you say it, because it is a way of expressing total readiness to give oneself –it’s an offer of total availability. Hineni.

When God called out to Moses from the burning bush, Moses replied, “Hineni!” And you know what assignment he was given, and what happened next. When God approached Abraham to ask him to offer his only son as a sacrifice, Abraham responded, “Hineni!” not knowing what God was about to ask.

It’s a bit like turning up and reporting for duty.

I say again: Hineni.

I’m sick of this. I’m sick of excuses. I’m sick of whataboutism. I’m sick of fanaticism. Enough!

What has happened to us? This is disgusting:

A man in his own apartment is shot dead by a cop who enters mistakenly. And what happens? Nothing. He was black.

A good guy with a gun wearing a security hat and shirt stops a mass shooting in a nightclub. And what happens? The cops shoot and kill him. He was black.

A man deranged by lies-yes lies-about Jews and their charities

David Zachary Kaufman combines doctorates in law and economics with extensive trial skills, having completed over 40 jury trials and at least twice that number of bench trials in his career. He also has extensive appellate experience in both state and federal courts. He is admitted to all courts in Virginia, Maryland and the District of Columbia, including the Supreme Court of the United States.

Kaufman Law Group, PLLC has focused its practice on business and commercial disputes between small and mid-sized businesses, entrepreneurs and high-net worth individuals. In addition, Kaufman Law Group has an increasing practice in estate and trust litigation, especially when the bulk of the estate is a business. The vast majority of the cases accepted by Kaufman Law Group are on referral from other attorneys who trust David Zachary Kaufman’s ability to protect their clients’ interests.

After graduating at the top of his class at George Mason U. School of Law Kaufman stays current in the law by teaching, writing and playing an active role in the American and Virginia Bar Associations.

Raised in Mexico, he is equally fluent in English and Spanish.

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decides to kill the Jews. He kills 11. He lives and is treated by a nurse who is a Jew. More Jew hatred spews forth from copycats and imitators. What? I guess there really are “fine people on both sides” as our president likes to say.

A former friend of mine has lost his mind. I don't know what he is reading or watching but he's suddenly started talking about George Soros as the mastermind behind a) protests, b) the migrants seeking refuge from violence in Central America, c) the press, d) anti-fascist protests, e) the protests against (now Justice) Kavanaugh, f) Snopes.com the fact-checking site and g) God Alone knows what else. Worse, he now says that the Nazis were (I swear) Left-wing politics. You know: their name was National Socialist German Workers Party. See—“socialist” was in the name. I guess that's why their mortal enemies in the 1920s and 1930s were the communists and socialists. Pfui!

Today I read a story in the Washington Post: Apparently Ivanka Trump and Jared Kushner created their own private email address to conduct government business. After all, if Hillary Clinton can do it, why can't they? Well, maybe because it cost Clinton the election? Or maybe because her father campaigned against just this sort of thing? O, I know: they are Trump so they can do anything.

How about the elections then? Does that make it better? Yes and no. I'm in Florida right now. It's amazing. The governor, who is in charge, is running for the Senate. So, naturally, he is claiming that his opponent is cheating and has asked law enforcement to investigate. But law enforcement says there is no evidence of cheating. Naturally, Mr. Trump has jumped on the bandwagon. Meanwhile, in Georgia, the Secretary of State is running to be elected Governor. But he, in the past several years has purged Georgia's voter roles of (mainly) african-american voters and closed polling places in (mainly) african-american precincts. Needless to say, he is also claiming that the election he oversees, in which he is a

candidate, is rife with fraud by his opponent. And, needless to say, Mr. Trump has loudly agreed. Nobody has any evidence of these fraudulent claims of fraud but they certainly are getting a lot of play. Pfui again.

Hineni! Here I stand and I will not move.

There is a big debate in this country over whether we are getting more racist or whether the racists are getting emboldened. I vote for the latter. After all, “there are fine people on both sides.” Like, in Mississippi, just ahead of the midterm elections, Sen. Cindy Hyde-Smith (a Republican) attended a speaking event and, in thanking a cattle rancher for his support, said: “If he invited me to a public hanging, I'd be on the front row.” What was she thinking? In Mississippi a public hanging is a lynching. And only Blacks are lynched. Is this what she truly feels and believes? God in Heaven is she really a U.S. Senator? She should not be. She should be condemned by the Republican party and they should refuse to seat her come January. But they won't will they?

A new report in the Washington Post just came out validating the above paragraph. Here is the link: https://www.washingtonpost.com/national/in-the-united-states-right-wing-violence-is-on-the-rise/2018/11/25/61f7f24a-deb4-11e8-85df-7a6b4d25cfbb_story.html?utm_term=.6decbb2a490f

Of 263 incidents of domestic terrorism between 2010 and the end of 2017, a third —92 —were committed by right-wing attackers, according to The Post's analysis. Another third were committed by attackers whose motives were either unknown or not clearly political.

Islamist terrorists committed 38 attacks. And left-wing attackers were responsible for 34 attacks —about 13 percent.

And yet a friend of mine claims left-wing attacks are more dangerous to Jews. (See above)

Hineni.

Lest someone think I'm only criticizing Republicans and their ilk, let me also talk about the "leaders" of the Women's March, Bob Bland, Tamika Mallory, Carmen Perez, and Linda Sarsour. They just can't bring themselves to condemn Louis Farrakhan, whose anti-semitism, seemingly, knows no bounds. Just this past February, Farrakhan said, "Jews were responsible for all of this filth and degenerate behavior that Hollywood is putting out, turning men into women and women into men. White folks are going down. And Satan is going down. And Farrakhan, by God's grace, has pulled the cover off of that Satanic Jew, and I'm here to say your time is up, your world is through." Mallory was there and called Farrakhan "the GOAT" (greatest of all time). Pfu! Instead, they make excuses about having to work with imperfect people. Or maybe, as this past September, Linda Sarsour said American Muslims shouldn't "humanize" Israelis. Huh? I hate to tell you but I'm human. And to dehumanize me legitimates my murder-like putting down a rabid dog. Really? Me? Come try it. Here I stand waiting for you. By the way, while the March's Unity Principles specifically reference "Black women, Native women, poor women, immigrant women, disabled women, Muslim women, lesbian queer and trans women" I note that Jewish women are not. I wonder why? Maybe because they are not human? I stand for all women. And all humans. This is disgusting. And dishonest. I will not support this. I will oppose this. No excuses.

Bruce Lee once said "True power is sitting back and observing everything with logic. If words control you that means everyone else can control you. Breathe and allow things to pass." He was right. But observing these facts with logic indicates to me that circumstances are worsening. People with bad intentions towards me and mine are feeling bolder, more aggressive. Staying calm is good. But I'm not worried about their words—I'm looking at deeds. And words can be a predictor of deeds.

Hineni.

The U.S. Supreme Court is about to hear and decide whether you can sue a cop if he arrests you for mouthing off. Did you know they might be able to do that despite the 1st Amendment? Yep. Right now, even if you haven't done anything wrong, they can arrest you and *then* try and figure out if *anything* will justify it. Even if they decide not to prosecute or convict. Yep, they can. But now, in *Nieves v. Bartlett* the Court—including Justices Gorsuch and Kavanaugh—will determine whether cops can arrest you in retaliation for something you said or did which is not illegal. In other articles I called it "contempt of cop" and warned that, despite your "rights" on the street cops can ignore them. Let's all hope that the Justices have a clue.

By the way, the facts of this case are interesting in one other way: apparently the video record of what went on between the cops and Mr. Bartless disappeared. I wonder why? Maybe because, in the 9th Circuit, on appeal, one Judge (J. Kim McLane Wardlaw) said that the cops story was "full of fabrications and facts—alleged facts—that are plainly contradicted by the video." But I digress. Hineni.

I was going to conclude with the paragraph below. But not now.

I refuse to be all talk no action. If you are talking nonsense, I will challenge you. If you are fact-challenged, I will give you facts and challenge you. Can you change your opinions when the facts are different from what you thought they were? Or do you deny the facts and prefer "alternative facts"? If the latter, I will not waste my time on you. You are an ignoramus and a time-suck. If you are working to hurt others, I will oppose you.

Bring it on if you dare. **PV**



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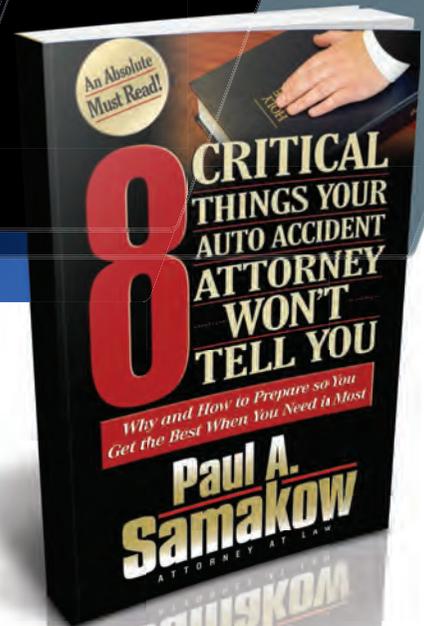
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I am a full-time attorney who has been taking care of people injured in auto accidents and from other situations since 1980, in Washington, D.C., Virginia and Maryland, and my staff and I routinely deal with getting cars repaired, handling insurance adjusters and getting clients' medical bills paid and their lost wages collected.

Simply put, what working with me means for you is that you need only concentrate on getting better and I will handle the stresses, the messes and the insurance people. You can call me – 16-17 hours a day (I do sleep) at (703) 761-4343 or (301) 949-1515 to discuss your case for free, or send me an email: paul@samakowlaw.com

A few of my clients' testimonials:

When you need a law firm you can trust. 5.0 stars, Posted by Robbin, July 29, 2018

Professional, competent, and personable are qualities I found when I retained Paul Samakow after an auto accident. I was T-boned while driving home from a client's office. Clearly the accident was not my fault and yet it was still an uphill battle with the insurance companies. He was thorough and a bull dog when it came to working up against them. Thanks to his expertise, I won my case and was compensated for my suffering. I highly recommend his services.

Excellent Attorney (Initial Consultation and More). 5.0 stars,

Posted by anonymous, June 21, 2018

I consulted Attorney Paul Samakow in reference to an auto accident. We spoke for nearly two hours about my situation. Although I didn't retain Attorney Samakow,

I called him a couple more times for advice. Each time I received professional advice without any hesitation. Each question I asked, I felt as though the responses were extremely helpful. During my initial visit I recall receiving respect and undivided attention. Each time I called Attorney Samakow's office, he got on the phone. Never had to leave a message or wait on hold. In my experience with lawyers, Paul Samakow provided me with the best experience. Most of all, Attorney Samakow was never retained, and still he provided impeccable service. Thank you Sir! There aren't many attorneys such as yourself.

Simply the best! 5.0 stars, Posted by Eileen, June 26, 2017

I was forced to hire an attorney after being T-boned by a driver as I was taking my daughter to school. Dealing with the other person's insurance company was a

nightmare and after about a month of not getting anywhere I hired Mr. Samakow. He was recommended to me by a co-worker. As soon as he got involved the insurance company started replying. I am so glad he was my attorney. I highly recommend him.

Very satisfied! 5.0 stars, Posted by Brayan, January 13, 2016

I was going home from work when I was struck by a negligent driver. I suffered injury and wanted my rights protected so I hired Mr. Samakow as my attorney because I've heard he is great. My case was handled in an orderly fashion. His staff was helpful and courteous. I'm very satisfied with his work especially when I was compensated for my suffering. If I were to rate his work from 1 to 10, 10 being the best, I would give Mr. Samakow an 11!

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New Grooves for SPRING 2019

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azz, an art form that originated in the United States, is a musical genre uniquely suited to the melting pot that is our country. Whether you enjoy the “straight-ahead” side of jazz from icons such as Charlie Parker, John Coltrane, Thelonious Monk, Duke Ellington, and others, or prefer the contemporary stylings of Norman Brown, Brian Culbertson, or Dave Koz and their ilk, jazz continues to evolve with the times. With creative young artists like Trombone Shorty, Joshua Redman, and Robert Glasper leading the way, musicians are constantly stretching the boundaries of jazz in their musical expressions.

In this issue we will shine a spotlight on some new music being played in the Smooth Jazz radio format as well as revisiting a ground breaking album from the past.

The CLAUS OGERMAN ORCHESTRA - GATE of DREAMS



CLASSIC ALBUM REVIEW

THE CLAUS OGERMAN ORCHESTRA - “Gate of Dreams”

In 1977, Warner Brothers Records released “Gate of Dreams” by The Claus Ogerman Orchestra. Featuring world class soloists: George Benson, the late Michael Brecker, Joe Sample, and David Sanborn, the level of musicianship on this album is extraordinary. Mr. Ogerman, who passed away in 2016, was a German born Grammy Award winning arranger, composer, and conductor. In his long and illustrious career, Claus worked with a diverse and impressive list of artists ranging from Billie Holiday and George Benson, to Frank Sinatra. With its haunting melodies and string arrangements, “Gate of Dreams” is a sublime sonic soundscape of incredible beauty, highlighted by the instrumental solo contributions of the aforementioned players. The foundation of the compositions contained in “Gate of Dreams” were originally written for a score for the American Ballet Theater. Produced by the late Tommy LiPuma, a legend in the field of contemporary jazz, this album’s amazing hybrid of genres makes it a true classic.

NEW RELEASES

LYNNE FIDDMONT - "Power of Love"

Stevie Wonder, Phil Collins, Natalie Cole, Whitney Houston, Michael Jackson, George Duke, Barbra Streisand, and Joe Zawinul are among the astounding array of artists Vocalist Lynne Fiddmont has graced the stage or studio with over the years. Known as a consummate song stylist, Lynne is back with her fourth solo album, titled "Power of Love." As part of the duo LINSEY, who previously released a critically acclaimed album on Virgin Records, Lynne is no stranger to audiences internationally. From the velvety smooth title track, which Dave Koz adds some warm Tenor Sax on, to the free flowing and upbeat "Daylight," this album showcases Lynne's great artistic gifts as a singer, songwriter, arranger, and producer. Whether its her covers of songs like "Back Down Memory Lane," and Stevie Wonder's "Ngiculela - Us Una Historia (I Am Singing)" or her own original compositions, Lynne brings her classy signature sound to them all.



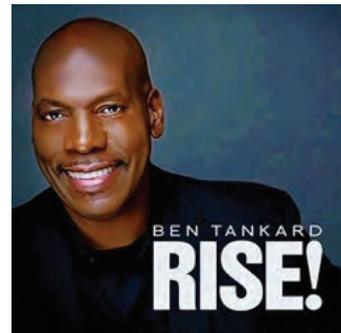
JEFF RYAN - "Embrace"

On his Woodward Avenue Records debut, Jeff Ryan came roaring onto the contemporary jazz scene in 2018 with a major #1 Billboard charted single, "Up and Up," one of the most exciting debuts for a Sax player in the format in many years. It is evident from the first four bars of the song that Mr. Ryan is an accomplished musician with a significant talent on the horn. Jeff co-wrote the song with Greg Manning, who showcases his tremendous gifts as a Producer on this track. The album, titled "Embrace," is full of radio-friendly songs, and is a virtual pandora's box of musical delights. Other song highlights from this set are the dynamic and funky second single, "Sweet Spot," and the ultra smooth title track. When you combine great songwriting, inspired playing, and top notch production, you get a winner like this young man's debut CD.



BEN TANKARD - "Rise"

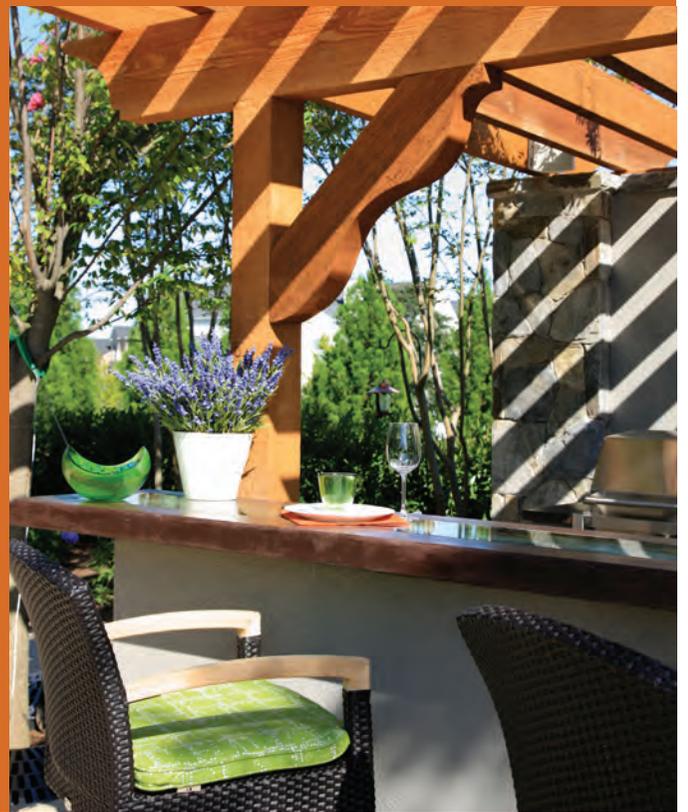
With the release of his new album "Rise," Keyboardist, Ben Tankard is back with a formidable musical offering. Known as the Godfather of Gospel Jazz, Mr. Tankard has been a trailblazer in the music world, cultivating a large audience with his special blend of contemporary jazz and gospel music. With numerous gold and platinum albums to his credit, as well as being a multiple Stellar Award winner, Ben has also received several Dove and Grammy Award nominations. A multi-talented and spiritually led man of many talents, this new album showcases his continued musical growth. From his compelling arrangement of the iconic Herb Alpert hit "Rise," to the uplifting gospel strains of "It's Working," which features great vocals as well as some brilliant sax work from format favorite Kirk Whalum, Ben delivers music that has made him a leader in the gospel jazz movement. His homage to the late George Duke on "George The Duke" is an authentic and rewarding piece that effectively brings Mr. Duke's sound back to life. Another noteworthy composition on the album is "Unlisted Number" which integrates a drumline loop onto a hypnotic groove, that is irresistible. Recording artists Paul Jackson Jr., and Marion Meadows also bring their excellence to songs on the album, helping to make this superb collection one of the Ben's best releases yet.



ABOUT THE WRITER

David Kunert has a varied background in both the creative and music business worlds. As a singer he has performed throughout the U.S. and Europe. Also a published songwriter with major label and independent artist song covers to his credit, he has collaborated with Grammy Award winning writers and artists during his career. On the business side he has worked in music distribution, as well as for record labels such as CTI Records, and Narada/Higher Octave Records (EMI) among others. A national award nominated record promoter, he has owned and run Future Groove Promotion (www.futuregroovepromotion.com), an independent promotion company specializing in contemporary jazz since 1995. He and his wife Karen live in the west suburbs of Chicago.





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